

# JORDAN WILLIAM COSSIN PT, DPT, OCS, CSCS, FAAOMPT

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## Objective

Aspiring to assist in the personal and professional development of future clinicians as an Assistant Professor in the Doctor of Physical Therapy program at Azusa Pacific University; along with contributing to the profession as a whole via research and volunteer opportunities.

## Summary

Patient-centered and faith-based Doctor of Physical Therapy who firmly believes in our responsibility, as clinicians, to provide patients with the utmost quality of care; requiring ceaseless motivation to gain knowledge in order to positively impact the lives of the masses.

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## CLINICAL & WORK EXPERIENCE

- **Azusa Pacific University Physical Therapy Department Assistant Professor**
  - Courses teaching TBD**Azusa, CA**  
Dec 2025 - Present
- **San Antonio Regional Hospital**
  - Management of operative and non-operative musculoskeletal disorders**Rancho Cucamonga, CA**  
Sept 2022 - Present
- **Azusa Pacific University Physical Therapy Department Adjunct Professor**
  - PT 705,748 Orthopedics I & II - Lab Instructor
  - PT 726 Clinical Skills III - Lab Instructor**Azusa, CA**  
Oct 2019 - Dec 2025  
May 2024 - Present
- **PHYSIO-U**
  - Intermittently assist with conduction of research for production of clinical apps**Azusa, CA**  
Sept 2019 - April 2025
- **Accelerate Physical Therapy**
  - Evaluation and treatment of neuromusculoskeletal disorders
  - Pro-bono golf tournament PT assessment and treatments**Newport Beach, CA**  
June 2022 - Sept 2023
- **Kaiser Permanente Staff Physical Therapist (West Los Angeles)**
  - Assessment and management of neuromusculoskeletal illnesses**Los Angeles, CA**  
April 2021 - June 2022
- **Kaiser Permanente Clinical Specialist Fellow (West Los Angeles)**
  - Movement analysis and treatment implementation with emphasis in sport**Los Angeles, CA**  
Mar 2020 - Mar 2021
- **Kaiser Permanente Clinical Specialist Resident (West Los Angeles)**
  - Evaluation and treatment of neuromusculoskeletal disorders
  - Refinement of clinical reasoning/skills via weekly mentorship & coursework**Los Angeles, CA**  
Feb 2019 - Feb 2020
- **Graduate Student Assistantship**
  - Assisted with cadaveric dissection and student instruction/mentorship**Azusa, CA**  
Spring 2018 - Fall 2018
- **InShape Health Clubs Personal Trainer**
  - Conducted fitness evaluations & provided personal/group training session**Visalia, CA**  
2013-2015

## EDUCATION

- Azusa Pacific University - Rehabilitation and Movement Science PhD **Aug 2025 - Present**
- Kaiser Permanente Southern California Orthopaedic Fellowship in Sports Rehabilitation **Mar 2020 - Feb 2021**
- Kaiser Permanente Southern California Orthopaedic Physical Therapy Residency **Feb 2019 - Feb 2020**
- Azusa Pacific University - Doctor of Physical Therapy Program **December 15, 2018**
  - Graduate Student Assistantship **Feb 2018 - Dec 2018**
- Azusa Pacific University - B.S. in Applied Exercise Science **May 2013**

## CREDENTIALS AND CERTIFICATIONS

- Licensed Physical Therapist - California **License #: PT296249**
- Fellow of the American Academy of Orthopedic Manual Physical Therapists **Completed: May 10, 2021**
- Orthopedic Clinical Specialist **Completed: July 1, 2020**
- Certified Strength and Conditioning Specialist **Certification #: 7248091938**
- Performance Enhancement Specialist **Certification #: 1467450**
- Corrective Exercise Specialist **Certification #: 1445865**
- Certified Personal Trainer **Certification #: 1170102039**
- USA Weightlifting Level 1 Certification **Completed: Oct 21, 2018**
- Fascial Movement Taping Basic Certification **Completed: April 7, 2018**
- American Heart Association CPR and AED Certified **Expires: April 2026**

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## CONTINUING EDUCATION

- Dynamic Neuromuscular Stabilization C **Completed: January 18, 2026**
- Neurodynamic Solutions UQ/LG Level 2 **Completed: Sept 21, 2025**
- Dynamic Neuromuscular Stabilization Level B **Completed: October 13, 2024**
- Neurodynamic Solutions UQ/LQ Level 1 **Completed: October 2, 2023**
- APTA CPI 3.0 - CI/SCCE Training **Completed: June 22, 2023**
- The Janda Approach to Musculoskeletal Pain Syndromes **Completed: April 3, 2023**
- Movement Links Course Series **Completed: December 5, 2021**
- Owens Recovery Science Blood Flow Restriction Course **Completed: October 23, 2021**
- Kaiser Permanente Southern California Orthopaedic & Sport Fellowship **Completed: February 25, 2021**
- Kaiser Permanente Southern California Orthopaedic Residency Program **Completed: February 25, 2020**
- Southcoast Seminars ACL Study Day at UCLA **Completed: August 3, 2019**
- Dynamic Neuromuscular Stabilization Level A **Completed: Sept 23, 2018**
- Interprofessional Immersion Training **Completed: March 23, 2018**
- Spinal HVLA: Clinical Application & Skills Development Course **Completed: November 4, 2017**

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## PROFESSIONAL MEMBERSHIPS

- American Academy of Orthopaedic Manual Physical Therapists **May 2021 - Present**
- National Strength and Conditioning Association **August 2017 - Present**
- American Physical Therapy Association **February 2016 - Present**
  - California Chapter
  - Orthopedic Section
- Alpha Chi Honors Society **January 2013 - Present**

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## HONORS/AWARDS

- San Antonio Regional Hospital Leaf Award Nominee x2 **Present**
- Azusa Pacific University Dean's List **2011 - 2013**
- Alpha Chi Honors Society Inductee **January 2013**

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## VOLUNTEER EXPERIENCE

- **Mesa Verde Member/Guest Golf Tournaments** **Newport Beach, CA**
  - Pro-bono golf tournament PT assessment and treatments **June 2022 - Sept 2023**
- **Venice Family Clinic/Simms Mann Health & Wellness Center** **Santa Monica, CA**
  - Performed evaluations in a pro-bono hospital **Feb 2019 - Feb 2021**
  - Assisted patients in attaining functional independence through exercise
  - Provided both onsite and telehealth treatment sessions
- **Huntington Hospital Outpatient Physical Therapy** **Pasadena, CA**
  - Performed neuromusculoskeletal evaluations **June 20, 2018**
  - Provided treatment and home exercise programs
- **Azusa Pacific University Preview Day** **Azusa, CA**
  - Assisted with set up of Physical Therapy Department presentation **June 8, 2018**
  - Guided student campus touring
  - Participated in student Q&A
- **Triumph Foundation Wheelchair Sports Festival** **Santa Clarita, CA**
  - Assisted with set up of sponsor booths **April 20, 2018**
  - Participated in and assisted with adaptive sporting events **April 30, 2016**
- **Up & Running Again** **Long Beach, CA**
  - Performed fitness evaluations **October 7, 2017**
  - Provided on-site treatment followed by home exercise program prescription
- **National Multiple Sclerosis Society Bike Ride** **Pasadena, CA**
  - Assisted with resting booth set up **March 25, 2017**
  - Provided nourishment for participants
- **Rock Steady Boxing** **Monrovia, CA**
  - Assisted trainers with class implementation **February 11, 2017**
  - Conducted, circuit training, boxing, and suspension training
- **Parkinson's Explorers** **Claremont, CA**
  - Aided the program director and guest speak with set-up of presentation **November 12, 2016**
  - Spoke with members about their experience with symptom management

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## PEER REVIEWED SCIENTIFIC AND PROFESSIONAL PRESENTATIONS

- **Title:** Improved Outcomes Following Mobilization in Chronic Neck Pain with Conditioned Pain modulation  
Description
  - **Presenter(s):** Yung, E., Wong, M., Oh, C., Grimes, J., Yates, S., Cossin, J., Siedentopp, T.
  - **Occasion:** American Physical Therapy Association Combined Sections Meeting – Houston, TX 2025
  - **Date:** February 13-15, 2025
- **Title:** Shoulder Proprioception Difference in Overhead Athletes with and without Shoulder Pain
  - **Presenter(s):** Cossin, J., Dang, K., McCabe, S., Murata, E., Paicely, A.
  - **Occasion:** CEU Course for the State of California – Kaiser Permanente, West Los Angeles
  - **Date:** February 19, 2020

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## REFERENCES

- Available upon request