

Curriculum Vitae

**Andrew E. Alstot**

Dept. of Kinesiology  
Azusa Pacific University  
701 East Foothill Blvd.  
PO Box 7000  
Azusa, CA 91702-7000

Office Phone: 626-815-6075  
Office: West Campus, Mary Hill Center 102  
Email: aalstot@apu.edu

**Education**

- Ph.D.** Department of Health and Human Performance  
Middle Tennessee State University, Murfreesboro, TN  
Completed May 2011  
**Major:** Human Performance  
**Specialization:** Physical Education Pedagogy  
**Dissertation:** The Effects of a Token Economy on Selected Motor Skills  
in Physical Education  
**Advisor:** Mary Lou Veal, Ed.D.
- M.A.** Department of Physical Education and Health  
California State University, Stanislaus, Turlock, CA  
Completed May 2008, with distinction  
**Major:** Education  
**Concentration:** Physical Education  
**Thesis:** A Study of the Frequency of the Incorporation of Nutrition  
Concepts into the Physical Education Curriculum in San Joaquin  
County, California  
**Advisor:** Shawna Young, Ed.D.
- B.A.** Department of Physical Education  
Azusa Pacific University, Azusa, CA  
Completed December 2003, cum laude  
**Major:** Physical Education

## Professional Experience

**Associate Professor** – Department of Kinesiology, School of Behavioral and Applied Sciences, Azusa Pacific University, Azusa, CA

August 2017 – Present

Major Duties: teaching in graduate and undergraduate programs, scholarship, and service

**Head Coach, Baseball** – Packinghouse Christian Academy, Redlands, CA

October 2023 – Present

Major Duties: head coach for the middle school and high school baseball programs

**Coordinator MA in Physical Education** - Graduate Physical Education Program, Department of Kinesiology, School of Behavioral and Applied Sciences, Azusa Pacific University, Azusa, CA

August 2022 – July 2024

Major Duties: Provide leadership and advising in the Master of Arts in Physical Education program

**Curriculum Specialist and Director of Physical Education** – Graduate Physical Education Program, Department of Kinesiology, School of Behavioral and Applied Sciences, Azusa Pacific University, Azusa, CA

August 2019 – July 2021

Major Duties: revisions and updates to coursework, mentoring and supervising adjunct instructors, assessment reporting, and others

**Assistant Professor** – Department of Exercise and Sport Science, School of Behavioral and Applied Sciences, Azusa Pacific University, Azusa, CA.

August 2015 – August 2017

Major Duties: teaching in undergraduate and graduate programs, scholarship, and service

**Assistant Professor** – Department of Exercise Science, School of Natural Sciences, College of Arts and Sciences, Pacific University, Forest Grove, OR.

August 2011 – May 2015.

Major duties: teaching, scholarship, academic advising, and service

**Graduate Teaching Assistant** – Department of Health and Human Performance, College of Behavioral and Health Sciences, Middle Tennessee State University, Murfreesboro, TN.

August 2008 – May 2011.

Major duties: taught courses in the Department of Health and Human Performance; assisted faculty with various duties

**Teacher** – Stone Ridge Christian High School, San Joaquin Valley Christian Schools Association, Merced, CA.

August 2004 - May 2008.

Major duties: taught classes in physical education and social sciences; various school duties; class of 2008 advisor

**Head Coach, Varsity Baseball**– Stone Ridge Christian High School, San Joaquin Valley Christian Schools Association, Merced, CA.

August 2004 - May 2008.

Affiliations: CIF Sac-Joaquin Section Division VII; Mountain Valley League

**Athletic Director** – Stone Ridge Christian High School, San Joaquin Valley Christian Schools Association, Merced, CA.

August 2006 - August 2007.

Major duties: supervised athletics program, administered budget, hired and supervised coaches, organized schedules, coordinated volunteers

Programs: Football, Volleyball (girls), Cheer, Basketball (boys & girls), Baseball, Softball, Swimming, Golf

**Substitute Teacher** – Pleasant Valley Christian School, Camarillo, CA

January 2004 - June 2004.

Major duties: substitute teacher for 1<sup>st</sup> through 8<sup>th</sup> grades

### **Courses Taught - Azusa Pacific University**

#### **Undergraduate:**

Fundamental Principles of Fitness

Writing in Kinesiology

Psychological and Sociological Aspects of Physical Activity and Sport

Research Methods in Kinesiology

#### **Graduate:**

Curriculum Theory and Design in Physical Education

History and Philosophy of Sport and Physical Education

Physical Education, Athletics and the Law

Leadership and Administration of Physical Education and Athletic Programs

Sport Psychology

Motor Learning, Development, and Control

Structural Kinesiology

Seminar in Professional Literature in Physical Education and Sport

Assessment, Evaluation and Technology in Physical Education

Physical Education and Exercise Science Capstone

Capstone in Physical Education and Sport

### **Courses Taught - Pacific University**

#### **Undergraduate:**

Exercise Science Foundations  
Strength and Conditioning Methods  
Adapted Physical Activity  
Teaching Physical Activity I  
TPA: Group Activities (*Formerly Teaching Physical Activity II*)  
TPA: Individual and Dual Activities (*Formerly Teaching Physical Activity II*)  
Human Motor Development  
Adult Fitness Practicum: Boxer Boot Camp  
Junior Seminar  
Advanced Analysis in Kinesiology  
Advanced Perceptual Motor Learning  
Senior Research I  
Senior Research II

### **Courses Taught - Middle Tennessee State University**

#### **Undergraduate:**

Fitness Education K-12  
Fitness Education for the Adult  
Beginning Weight Training  
Beginning Bowling  
Beginning Tennis

### **Teaching Assistant Courses - Middle Tennessee State University**

#### **Undergraduate:**

Secondary Physical Education Teaching Methods  
Elementary Physical Education Teaching Methods  
Motor Behavior

### **Additional Experience**

**Assessor** – California Teacher Performance Assessment for Physical Education Cycle  
1 and 2 – 2024-present  
Evaluator of physical education student teachers' CalTPA submissions

**Curriculum and Program Revisions and Design** – Azusa Pacific University, 2024-2025

Completed and/or aided in course revisions for several graduate-level courses within the Graduate Physical Education program and curriculum updates related to the conversion of the program or Graduate Kinesiology.

**Supervision of Graduate Research Projects** – Azusa Pacific University, 2015-present

Supervised 100+ physical education and exercise science capstone projects in the areas of physical education pedagogy, athletic training, athletic performance, fitness training, administration, and others.

**Academic Advising** – Azusa Pacific University, 2022-2024; provide academic advising to students in the MA in Physical Education program.

**Course and Program Revisions and Design** – Azusa Pacific University, 2017

Completed and/or aided in course revisions for several graduate-level courses within the Graduate Physical Education program.

**Supervision of Undergraduate Research Projects** – Pacific University, 2012-2015

*The effects of immediate video feedback using a pico pocket projector to enhance the accuracy of volleyball skills, 2015.*

*Effectiveness of a physical activity monitoring device, 2015.*

*Using token economies with individuals with autism in physical activity settings, 2015.*

*The effects of a token economy system on bowling performance, 2015.*

*Validity and reliability of a physical activity monitoring device, 2015*

*Guidelines for using token economies with individuals with traumatic brain injury in a physical activity setting, 2015.*

*Effects of video feedback to enhance volleyball skills, 2015.*

*Effects of goal setting and public posting on sport skills: A meta-analysis, 2014.*

*Effects of goal setting and public posting on performance in physical activity settings: A meta-analysis, 2014.*

*The effects of behavior analysis interventions on individuals with disabilities in physical activity settings: A meta-analysis, 2014.*

*The effects of a token economy system on exercise intensity and intrinsic motivation, 2014.*

*Token reinforcement, exercise intensity, and intrinsic motivation, 2014.*

*A meta-analytic examination of the effects of public posting and goal setting on performance in a physical activity setting, 2014.*

*A meta-analytic examination of the effects of behavior analysis interventions on individuals with disabilities in physical activity settings, 2014.*

*The accuracy of peer process assessments performed by elementary physical education students, 2013.*

*The effects of extrinsic rewards on intrinsic motivation for engaging in physical activity, 2013.*

*A meta-analytic examination of the effects of behavior analysis interventions on increasing appropriate social behaviors in physical activity settings, 2013.*  
*Extrinsic rewards and intrinsic motivation for physical activity engagement, 2013.*  
*Implications for the use of stroboscopy in physical activity, 2013.*  
*A meta-analysis: The effects of behavior analysis based interventions on decreasing problem behavior in physical activity settings, 2013.*  
*The effects of token rewards on physical activity and intrinsic motivation, 2013.*  
*Effects of token reinforcement on physical activity and motivation, 2013.*  
*The effects of applied behavior analysis-based interventions on the occurrence of appropriate and inappropriate social behaviors in physical activity settings: A meta-analysis, 2013.*  
*An analysis of teacher behaviors and student perceptions in physical education, 2012.*  
*Effects of an implemented rotator cuff strength program on flat and kick serves in tennis, 2012.*  
*Relationships between physical education teacher behaviors and student behaviors, 2012.*  
*The effect of performance based practice scheduling on learning three novel dart throws, 2012.*  
*The effects of stroboscopic training on performance of a balance task, 2012.*  
*The effects of bandwidth practice scheduling on learning three novel dart throws, 2012.*

**Academic Advising** – Pacific University, 2012-2015; provide academic advising to approximately 30 undergraduate students per semester.

**Supervision of Student Personal Trainers** – Pacific University, “Boxer Boot Camp” 2012

Major duties: provided ongoing individual and group supervision during personal training practicum experiences; used systematic data collection and clinical supervision cycle methodology.

**Supervision of Student Teaching** – Middle Tennessee State University, 2010

Major duties: provided ongoing supervision of teaching during student teaching; used systematic data collection and clinical supervision cycle methodology.

**Elementary Physical Education Teacher** – Homer Pittard Campus School

(Murfreesboro, TN), 2009, as part of my duties as a graduate teaching assistant at Middle Tennessee State University

### Professional Memberships

Present                      SHAPE America, The Society of Health and Physical Educators  
 (Formerly AAHPERD – American Alliance for Health, Physical Education,  
 Recreation, and Dance)

|           |   |
|-----------|---|
| Present   | CAHPERD – California Association for Health, Physical Education, Recreation, and Dance  |
| 2011-2015 | Oregon SHAPE (Society of Health and Physical Educators) Association ( <i>formerly the Oregon Alliance for Health, Physical Education, Recreation, and Dance</i> ) |
| 2012-2015 | ORABA – Oregon Association for Behavior Analysis  |
| 2014-2015 | CalABA – California Association for Behavior Analysis   |
| 2008-2014 | AAPAR – American Association for Physical Activity and Recreation   |
| 2008-2014 | NASPE – National Association for Sport and Physical Education   |
| 2008-2014 | AAHPERD Research Consortium   |
| 2008-2011 | TAHPERD – Tennessee Association for Health, Physical Education, Recreation, and Dance   |
| 2009-2010 | Sport Performance Club – Middle Tennessee State University  |
| 2007-2008 | Honor Society of Phi Kappa Phi (California State University Stanislaus)   |

### Books Authored

**Alstot, A.E.** & Alstot, C.D. (2019). *Behavior Management in Physical Education: A Practical Guide*. Routledge.

### Refereed Publications

**Alstot, A.E.** (2022). Effects of a token economy on exercise intensity and intrinsic motivation. *The Sport Journal*, 1-14.

**Alstot, A.E.** (2018). The accuracy of peer process assessments performed by elementary students during physical education. *The Physical Educator*, 75, 739-755.

**Alstot, A.E.**, (in progress). Effects of behavior analysis interventions on social behavior during physical activity: A meta-analysis.

**Alstot, A.E.** (in progress). Impact of token reinforcement on exercise intensity and motivation.

**Alstot, A.E.** (in progress). Effects of behavior analysis based interventions on individuals with disabilities in physical activity settings.

**Alstot, A.E.** (2015). Effects of a peer-administered token economy on second grade physical education students' overhand throw performance. *The Physical Educator*, 72, 245-265.

**Alstot, A.E.** & Alstot, C.D. (2015). Behavior management: Examining the functions of behavior. *Journal of Physical Education, Recreation, and Dance*, 86, 22-28.

**Alstot, A.E.**, Kang, M., & Alstot, C.D. (2013). The effects of interventions based in behavior analysis on motor skill acquisition: A meta-analysis. *The Physical Educator*, 70, 155-186.

**Alstot, A.E.** (2012). The effects of peer-administered token reinforcement on jump rope behaviors of elementary physical education students. *Journal of Teaching in Physical Education*, 31, 261-278.

**Alstot, A.E.** (2012). Implications for the use of token economies in physical education: A literature review. *Physical and Health Education Academic Journal*, 4(1). <http://ojs.acadiau.ca/index.php/phenex/article/view/1449/1231>

**Alstot, A.E.** & Kang, M. (2010). Effects of behavior analysis interventions on skill acquisition: A meta-analysis. *Research Quarterly for Exercise and Sport*, 81 (Suppl 1), A-xvii-A-xx. (Selected as the Research Consortium's 2010 Graduate Student Research Award).

#### Refereed Published Abstracts

\* Papers marked with an asterisk (\*) include student co-author(s)

\* **Alstot, A.**, & Dechiara, T. (2014). Accuracy of peer assessments performed by elementary physical education students. *Research Quarterly for Exercise and Sport*, 85 (Suppl 1), A-127.

\* **Alstot, A.**, Delegato, M., Kumpel, L., Moen, L., & Rush, T. (2014). Effects of token reinforcement on physical activity and intrinsic motivation. *Research Quarterly for Exercise and Sport*, 85 (Suppl 1), A-22.

\* Gillen, K., Werner, K., Mason, J., & **Alstot, A.** (2014). Behavior analysis and social behavior during physical activity: A meta-analysis. *Research Quarterly for Exercise and Sport*, 85 (Suppl 1), A-135.

**Alstot, A.E.** (2012). Effects of a token economy on overhand throw performance (Abstract). *Research Quarterly for Exercise and Sport*, 83 (Suppl 1), A-36-A-37.

**Alstot, A.E.** & Kang, M. (2010). Effects of behavior analysis interventions on skill acquisition: A meta-analysis. *Research Quarterly for Exercise and Sport*, 81 (Suppl 1), A-39-A-40.

**Alstot, A.**, & Young, S. (2008). A study of the frequency of the incorporation of nutrition concepts into the physical education curriculum in San Joaquin County, California (Abstract). *Proceedings of the American Alliance for Health, Physical Education, Recreation and Dance Southwest District/Hawaii Combined Conventions*, Waikoloa, HI (June, 2008), 1A-1B.

### National, Regional, and Local Presentations

\* *Presentations marked with an asterisk (\*) include student co-presenter(s)*

**Alstot, A.E.** (2025, May). Token Economies can Improve Social and Motor Behavior in PE. Presented at the California Association for Health, Physical Education, Recreation, and Dance Conference, Pasadena, CA.

**Alstot, A.E.** (2024, February). Using Token Economies in Physical Education. Presented at the California Association for Health, Physical Education, Recreation, and Dance Conference, Garden Grove, CA.

**Alstot, A.E.** (2023, March). Strategies for Using Peer Assessments in Physical Education. Presented at the California Association for Health, Physical Education, Recreation, and Dance Conference, Santa Clara, CA.

**Alstot, A.E.** (2022, March). Using Peer Assessments in Physical Education. Presented at the California Association for Health, Physical Education, Recreation, and Dance Conference, Los Angeles, CA.

**Alstot, A.E.** (2021, March). Behavior Management in Physical Education. Presented at the California Association for Health, Physical Education, Recreation, and Dance Conference, Virtual Conference.

**Alstot, A.E.** (2018, February). Behavior Management Strategies for Physical Educators. Presented at the California Association for Health, Physical Education, Recreation, and Dance Conference, Oakland, CA.

- \* **Alstot, A.E.**, Kawamoto, K., & Young, R. (2015, March). Behavior Analysis, Physical Activity, and Individuals with Disabilities: A Meta-Analysis. Paper presented at the SHAPE (Society of Health and Physical Educators) America National Convention, Seattle, WA.
- \* **Alstot, A.E.**, McHolland, M., & Sanchez, G. (2015, March). Extrinsic Rewards, Exercise Intensity, and Motivation. Paper presented at the SHAPE (Society of Health and Physical Educators) America National Convention, Seattle, WA.
- \* Johnson, K., Rodrigues, B., & **Alstot, A.E.** (2014, November). Effects of a Token Economy on Social Interaction amongst Special Populations in a Physical Activity Setting. Poster presented at the Pacific University Undergraduate Research Conference, Forest Grove, OR.
- \* Gundle, M., Rincon, E., & **Alstot, A.E.** (2014, November). Validity, Reliability, and Effectiveness of a Physical Activity Monitoring Device. Poster presented at the Pacific University Undergraduate Research Conference, Forest Grove, OR.
- \* Bellwood, K., Williams, T., & **Alstot, A.E.** (2014, October). Effects of Immediate Video Feedback Using a Pico Pocket Projector on the Performance of Volleyball Skills. Poster presented at the Oregon Society of Health and Physical Educators (SHAPE) conference, student works-in-progress session, McMinnville, OR.
- \* Richards, K., & **Alstot, A.E.** (2014, October). The Effects of a Token Economy System on Bowling Performance. Poster presented at the Oregon Society of Health and Physical Educators (SHAPE) conference, student works-in-progress session, McMinnville, OR.
- \* **Alstot, A.E.**, & DeChiara, T. (2014, April). Accuracy of Peer Assessments Performed by Elementary Physical Education Students. Paper presented at the American Alliance for Physical Education, Recreation, and Dance National Convention, St. Louis, MO.
- \* **Alstot, A.E.**, Delegato, M., Kumpel, L., Moen, L., & Rush, T. (2014, April). Effects of Token Reinforcement on Physical Activity and Intrinsic Motivation. Paper presented at the American Alliance for Physical Education, Recreation, and Dance National Convention, St. Louis, MO.
- \* Gillen, K., Werner, K., Mason, J., & **Alstot, A.E.** (2014, April). Behavior Analysis and Social Behavior during Physical Activity: A Meta-Analysis. Paper presented at the American Alliance for Physical Education, Recreation, and Dance National Convention, St. Louis, MO.
- \* Taylor, B., Kawai, K., Alterado, S., & **Alstot, A.E.** (2013, October). The effects of goal setting and public posting on selected motor skill behaviors. Poster presented at the

Oregon School Health and Physical Education (SHAPE) Conference, student works-in-progress session, Albany, OR.

\* Young, R., Kawamoto, K., & **Alstot, A.E.** (2013, October). Effects of behavior analysis interventions on individuals with disabilities in physical activity settings: A meta-analysis. Poster presented at the Oregon School Health and Physical Education (SHAPE) Conference, student works-in-progress session, Albany, OR.

\* Sanchez, G., McHolland, M., & **Alstot, A.E.** (2013, October). The effect of a token economy system on exercise intensity and intrinsic motivation. Poster presented at the Oregon School Health and Physical Education (SHAPE) Conference, student works-in-progress session, Albany, OR.

\* **Alstot, A.E.**, Gillen, K., Mason, J., & Werner, K. (2012, October). Behavior management: Using the principles of applied behavior analysis in physical education. Presented at the Oregon Alliance for Health, Physical Education, Recreation, and Dance Conference, Albany, OR.

**Alstot, A.E.** & Alstot, C.D. (2012, October). This stuff works: How to effectively teach motor skills using the principles of applied behavior analysis. Presented at the Oregon Alliance for Health, Physical Education, Recreation, and Dance Conference, Albany, OR.

\* Dechiara, T. & **Alstot, A.E.** (2012, October). The accuracy of peer process assessments performed by elementary physical education students. Poster presented at the Oregon Alliance for Health, Physical Education, Recreation, and Dance Conference, student works-in-progress session, Albany, OR.

\* Delegato, M., Kumpel, L., Moen, L., Rush, T., & **Alstot, A.E.** (2012, October). The effects of extrinsic rewards on physical activity behavior and intrinsic motivation. Poster presented at the Oregon Alliance for Health, Physical Education, Recreation, and Dance Conference, student works-in-progress session, Albany, OR.

\* Gillen, K., Mason, J., Werner, K., & **Alstot, A.E.** (2012, October). The effects of behavior analysis interventions on social behaviors in physical activity settings: A meta-analysis. Poster presented at the Oregon Alliance for Health, Physical Education, Recreation, and Dance Conference, student works-in-progress session, Albany, OR.

**Alstot, A.E.** (2012, March). Effects of a token economy on overhand throw performance. Paper presented at the American Alliance for Physical Education, Recreation, and Dance National Convention, Boston, MA.

\* Lau, J., **Alstot, A.E.**, & Jackson, B.H. (2011, October). Free throw performance and stroboscopic training. Poster presented at the Oregon Alliance for Health, Physical

Education, Recreation, and Dance Conference, student works-in-progress session, Salem, OR.

\* Liu, E., **Alstot, A.E.**, & Jackson, B.H. (2011, October). The effects of a rotator cuff strength training program on the flat and kick serves in tennis. Poster presented at the Oregon Alliance for Health, Physical Education, Recreation, and Dance Conference, student works-in-progress session, Salem, OR.

\* Rohde, M., **Alstot, A.E.**, & Jackson, B.H. (2011, October). The effects of an individual-specific, result-dependent practice schedule for learning a dart throwing task. Poster presented at the Oregon Alliance for Health, Physical Education, Recreation, and Dance Conference, student works-in-progress session, Salem, OR.

\* Tornel, E., **Alstot, A.E.**, & Jackson, B.H. (2011, October). The effect of stroboscopic training on performance of a balance task. Poster presented at the Oregon Alliance for Health, Physical Education, Recreation, and Dance Conference, student works-in-progress session, Salem, OR.

**Alstot, A.E.** & Alstot, C.D. (2010, October). Beyond behavior management: Using the principles of behavior analysis to teach motor skills. Presented at the Tennessee Association for Physical Education, Recreation, and Dance Convention, Murfreesboro, TN.

**Alstot, A.E.** & Kang, M. (2010, March). Effects of behavior analysis interventions on skill acquisition: A meta-analysis. Paper presented at the American Alliance for Physical Education, Recreation, and Dance National Convention, Indianapolis, IN.

**Alstot, A.E.** & Alstot, C.D. (2009, November). Managing problem behavior in physical education: A behavior analytic approach. Presented at the Tennessee Association for Physical Education, Recreation, and Dance Convention, Murfreesboro, TN.

Veal, M.L., **Alstot, A.**, Bowles, E., & O'Rourke, M. (2009, October). What concept maps reveal about teacher candidates' assessment knowledge. Paper presented as a round table discussion at the NASPE Physical Education Teacher Education Conference, Myrtle Beach, SC.

**Alstot, A.**, & Young, S. (2008, June). A study of the frequency of the incorporation of nutrition concepts into the physical education curriculum in San Joaquin County, California. Paper presented at the American Alliance for Health, Physical Education, Recreation and Dance Southwest District/Hawaii Combined Conventions, Waikoloa, HI.

## Invited Presentations

**Alstot, A.E.** (2014, April). Creating single subject design graphs. Guest lecture at Oregon Institute of Technology, PSY 434 – Advanced Behavior Modification I, undergraduate course, Hillsboro, OR.

**Alstot, A.E.** (2014, January). Motivation. Guest lecture at Oregon Institute of Technology, PSY 335 – Behavior Modification II, undergraduate course, Hillsboro, OR.

**Alstot, A.E.** (2013, October). Using token economies to improve physical activity behavior. Guest lecture at Oregon Institute of Technology, PSY 334 – Behavior Modification I, undergraduate course, Beaverton, OR.

**Alstot, A.E.** (2010, August). Teaching activity courses. Presented at Middle Tennessee State University, Department of Health and Human Performance Graduate Teaching Assistant Workshops, Murfreesboro, TN.

Alstot, C.D. & **Alstot, A.E.** (2010, August). Behavior analysis and physical activity. Presented at Scarab Behavioral Health Services, Clinical Team Meeting, Nashville, TN.

### Additional Scholarly Activity

**Alstot, A.E.** (2012). Implications for the use of token economies in physical education: A literature review. *Physical and Health Education Academic Journal*, 4(1). \*Posted in Pacific University's CommonKnowledge under All CAS Faculty Scholarship. Available at: <http://commons.pacificu.edu/casfac/50/>

**Alstot, A.** (2011). The effects of a token economy on selected motor skills in physical education. (Doctoral dissertation). ProQuest Dissertations and Theses database. (Publication number: AAT 3464535, ISBN: 9781124779843).

**Alstot, A.** (2008). A study of the frequency of incorporation of nutrition concepts into the physical education curriculum in the San Joaquin Valley of California. Unpublished master's thesis, California State University Stanislaus, Turlock, CA.

### Recent Service

Graduate Physical Education Recruitment events with Grad Admissions, Azusa Pacific University, 2024-present

Graduate Physical Education Same Day Admissions events with Grad Admissions, Azusa Pacific University, 2024-present

Member, Standards and Policies Committee (Master's Studies Council), Azusa Pacific University, 2023-present

Member, Master's Studies Council, Azusa Pacific University, 2022-present

External Reviewer, MS in Kinesiology Program Review, California Baptist University, 2024

Chair, Standards and Policies Committee (Master's Studies Council), Azusa Pacific University, 2017-2020

Member, Master's Studies Council, Azusa Pacific University, 2016-2020

Member, Standards and Policies Committee (Master's Studies Council), Azusa Pacific University, 2016-2017

Member, Search Committee, Full-time Faculty in Graduate Physical Education/Sport Management, Department of Exercise and Sport Science, Azusa Pacific University, 2017.

Member, Search Committee, Full-time Faculty in Undergraduate Physical Education, Department of Exercise and Sport Science, Azusa Pacific University, 2017.

Member, Search Committee, Full-time Faculty in Adapted Physical Education, Department of Exercise and Sport Science, Azusa Pacific University, 2016.

Journal Reviewer, The Journal of Sport Sciences, 2015.

Organizer of the Student Research Poster Session, Oregon SHAPE Conference, October 2014.

Faculty Advisor, Fellowship of Christian Athletes, Pacific University, 2014-2015.

Academic Advisor, Summer Advising and Registration Event, Pacific University, Summer 2014.

Organizer of the Student and Faculty Research Poster Session, Oregon SHAPE Conference, October 2013.

Academic Advisor, Summer Advising and Registration Event, Pacific University, Summer 2013.

Chair, Awards Committee, School of Natural Sciences, Pacific University, Spring 2013

Member, Search Committee, Tenure-Track Faculty in Psychological/Socio-Cultural Aspects of Physical Activity, Department of Exercise Science, Pacific University, 2012-2013

Exercise Science Representative, Academic Information Sessions at the Pacesetters Event, February 2013

Faculty Associate, Men's and Women's Wrestling, Pacific University, 2012-2013 season

Member, Awards Committee, School of Natural Sciences, Pacific University, Spring 2012

Faculty Associate, Baseball, Pacific University, 2012 season

Breakout Session Leader (with Rebecca Concepcion), Touch the Future event, Pacific University, October 2011

#### Awards and Honors

- |           |  |
|-----------|--|
| 2025      | Ten years of service at Azusa Pacific University   |
| 2020      | Five years of service at Azusa Pacific University  |
| 2017      | Promotion to Associate Professor, Azusa Pacific University   |
| 2011      | American Kinesiology Association Graduate Scholar  |
| 2010      | Research Consortium Graduate Student Research Award, for the study entitled, <i>Effects of behavior analysis interventions on skill acquisition: A meta-analysis</i> |
| 2008-2011 | Graduate Teaching Assistantship, Department of Health and Human Performance, Middle Tennessee State University   |
| 2008      | Mountain Valley League (CA) Varsity Baseball Coach of the Year   |
| 2007      | Award for Academic Excellence, California State University, Stanislaus   |
| 2007      | Member of the Honor Society of Phi Kappa Phi – top 10% of CSU Stanislaus graduate students   |
| 2003      | Outstanding Senior Award for Physical Education, Azusa Pacific University  |

- 2003 NAIA All-America Scholar Athlete – Baseball, Azusa Pacific University
- 2003 Golden State Athletic Conference Scholar Athlete – Baseball, Azusa Pacific University

## References

Available upon request